What are Psychiatric Services?

Having our own in-house psychiatrist reduces barriers such as referrals and logistical challenges while also providing ease of coordination of care between ITS and the psychiatric provider. Patient retention and positive outcomes are improved by providing psychiatric treatment along with the drug and alcohol treatment already offered.

Who are we?

Intensive Treatment Systems (ITS) primary objective is to assist patients to free themselves from substance use issues, with medication management, counseling and integrated care services. Ultimately through the use of supportive services, it is our goal to guide patients toward a life free of drugs and alcohol with improved personal and vocational functioning.

How we do it?

ITS offers an innovative approach to Medication Assisted Treatment (MAT), for Opioid Use Disorder and/or Alcohol Use Disorder. By providing fully integrated care options – 24 hours a day; individualized to treat any drug and/or alcohol addiction, it allows us to work alongside our patients to maximize their chances for success.

WE CAN PROVIDE SAME DAY TRANSPORTATION

Walk In's and Same Day Appointments Are Available!









ACCESS POINT – WEST (COE)
Includes Buckeye Outreach
OPEN 24 HOURS A DAY
7 DAYS A WEEK

CENTRAL CLINIC Monday – Saturday 4:00 am – 12:00 noon

NORTH CLINIC Monday - Saturday 4:00 am - 8:00 pm

THUNDERBIRD, MESA & SAN TAN CLINICS Monday - Saturday 5:00 am - 1:00 pm

ONE PHONE NUMBER FOR ALL CLINICS 1-855-245-6350

ACCESS POINT – WEST (COE) 4136 N 75th Ave., #116, Phoenix, AZ 85033

CENTRAL - 651 W Coolidge St., Phoenix, AZ 85013

MESA - 340 W University Dr., #19, Mesa, AZ 85201

NORTH - 19401 N Cave Creek Rd., #18, Phoenix, AZ 85024

SAN TAN - 36375 N Gantzel Rd., #101, San Tan Valley AZ 85140

THUNDERBIRD - 13820 N. 51st. Ave., #300, Glendale, AZ 85306



PSYCHIATRIC SERVICES

We care enough to make a difference!



Why Enter Treatment?

- A life free of illicit drugs
- A stable personal, social, family, and financial life
- No physical withdrawal symptoms
- Decreased or eliminated drug cravings
- Resolution of legal concerns
- A chance to obtain or complete an education
- Improved self-esteem, self-worth and independence
- Improved health and a reduced risk of health problems (e.g. HIV, Hepatitis, Liver Disease, etc.)
- Improved overall quality of life
- A chance to regain respect, trust, and relationships with your spouse, children, family members, friends and community
- Other benefits....





Co-occurring Disorders That Often Accompany Substance Use Disorder

- <u>Depression:</u> Many individuals struggling with substance abuse also battle depression, and a psychiatrist can provide diagnosis, medication management, and therapy to address this condition.
- Anxiety disorders: Conditions such as generalized anxiety disorder, panic disorder, social anxiety disorder, or posttraumatic stress disorder (PTSD) can cooccur with substance abuse. A psychiatrist can offer appropriate interventions to manage anxiety symptoms and aid in addiction recovery.
- <u>Bipolar disorder:</u> Individuals with bipolar disorder may turn to substance abuse as a way to cope with their mood swings. A psychiatrist can provide a comprehensive treatment plan that combines mood stabilizers, therapy, and addiction support.
- <u>Personality disorders:</u> Conditions like borderline personality disorder or antisocial personality disorder can increase the risk of substance abuse. A psychiatrist can help manage the symptoms of these disorders and address their impact on addiction recovery.
- <u>Schizophrenia</u>: Substance abuse is common among individuals with schizophrenia. A psychiatrist can provide antipsychotic medications, therapy, and support to manage both conditions.
- <u>Trauma-related disorders:</u> Those who have experienced trauma may develop substance abuse issues as a way to selfmedicate. A psychiatrist can address trauma-related disorders, such as PTSD, and provide appropriate treatment alongside addiction support.



Enhanced Care for Substance Use Disorder

Gain easier access to comprehensive mental health treatment, right here at our clinic. Experience the benefits of integrated care as our expert psychiatrist supports your journey towards lasting recovery.

Appointments are available immediately, for more information speak to your provider or counselor or call our 24 hour helpline 1-855-245-6350 to schedule.

Next Steps?

That's the easy part! We are an outpatient provider available 24 hours a day 7 days a week. There is no 'bad time' to call!

You can choose to pre-book an appointment or just walk into one of our clinics.

Our knowledgeable providers will be able to determine the most appropriate treatment for you.

HELP REALLY IS AVAILABLE WHEN YOU NEED IT!