

What is Peer Support?

Intensive Treatment Systems (ITS) Care Advocates (Peer Support) are individuals who have personal experience with addiction and recovery. Peers are individuals who have faced similar challenges and have successfully navigated their own recovery journey. They offer support, empathy, understanding, and practical insights to those currently struggling with substance use disorder.

Who are we?

Intensive Treatment Systems (ITS) primary objective is to assist patients to free themselves from substance use issues, with medication management, counseling and integrated care services. Ultimately through the use of supportive services, it is our goal to guide patients toward a life free of drugs and alcohol with improved personal and vocational functioning.

How we do it?

ITS offers an innovative approach to Medication Assisted Treatment (MAT), for Opioid Use Disorder and/or Alcohol Use Disorder. By providing fully integrated care options – 24 hours a day; individualized to treat any drug and/or alcohol addiction, it allows us to work alongside our patients to maximize their chances for success.

WE CAN PROVIDE SAME DAY TRANSPORTATION

Walk In's and Same Day Appointments Are Available!



HOURS OF OPERATION

ACCESS POINT – WEST (COE)
Includes Buckeye Outreach
OPEN 24 HOURS A DAY
7 DAYS A WEEK

CENTRAL CLINIC
Monday – Saturday
4:00 am – 12:00 noon

NORTH CLINIC
Monday – Saturday
4:00 am – 8:00 pm

THUNDERBIRD, MESA & SAN TAN CLINICS
Monday – Saturday
5:00 am – 1:00 pm

ONE PHONE NUMBER FOR ALL CLINICS
1-855-245-6350

LOCATIONS

ACCESS POINT – WEST (COE)
4136 N 75th Ave., #116,
Phoenix, AZ 85033

CENTRAL – 651 W Coolidge St.,
Phoenix, AZ 85013

MESA – 340 W University Dr.,
#19, Mesa, AZ 85201

NORTH – 19401 N Cave Creek Rd.,
#18, Phoenix, AZ 85024

SAN TAN – 36375 N Gantzel Rd.,
#101, San Tan Valley AZ 85140

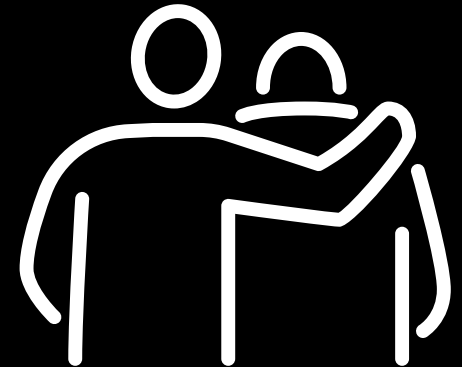
THUNDERBIRD – 13820 N. 51st. Ave.,
#300, Glendale, AZ 85306



INTENSIVE
TREATMENT SYSTEMS

PEER SUPPORT SERVICES

We care enough to make a difference!



www.itsofaz.com INTAKES@itsofaz.com 1-855-245-6350
#SAVINGLIVES

Why Enter Treatment?

- A life free of illicit drugs
- A stable personal, social, family, and financial life
- No physical withdrawal symptoms
- Decreased or eliminated drug cravings
- Resolution of legal concerns
- A chance to obtain or complete an education
- Improved self-esteem, self-worth and independence
- Improved health and a reduced risk of health problems (e.g. HIV, Hepatitis, Liver Disease, etc.)
- Improved overall quality of life
- A chance to regain respect, trust, and relationships with your spouse, children, family members, friends and community
- Other benefits.....



Forms of Support by a Care Advocate

Our peer supports provide a non-judgmental and compassionate environment where individuals feel safe to share their experiences, discuss challenges, and explore strategies for overcoming substance use disorder.

Peer Supports are incredible role models and are able to assist in numerous ways:

- One-on-one mentoring
- Recovery coaching
- Support groups
- Housing resources
- Employment resources
- Liaison between the staff and counselors
- Encourage your active participation in your own care
- Community resources and information
- Social and emotional support
- Assist in developing problem solving, decision making and coping skills
- Encourage regular self-care, healthy eating and physical activities
- Ongoing support
- Community outreach
- Transportation
- Always available 24/7

Treatment really does work! Some of our patients shared their personal stories; they tell you better than we can the facts about addiction, the misery this created, how the treatment ITS provided changed their lives and the impact this has had not only on them but their families, friends and communities! Go to: www.itsofaz.com click on Patient Stories.



The Power of Peer Support

According to the factsheet "Peers supporting recovery" by SAMHSA, peer coaching is very effective in supporting individuals in recovery.

Research shows that these care advocates support:

- Improved relationship with treatment providers
- reduced relapse rate
- Increased treatment retention
- decreased emergency use utilization
- decreased criminal justice involvement
- increased satisfaction with the overall treatment experience
- reduced substance abuse
- greater housing stability
- improved access to social supports
- reduced re-hospitalization rates

Next Steps?

That's the easy part! We are an outpatient provider available 24 hours a day 7 days a week. There is no 'bad time' to call!

You can choose to pre-book an appointment or just walk into one of our clinics.

Our knowledgeable providers will be able to determine the most appropriate treatment for you.

**HELP REALLY IS AVAILABLE
WHEN YOU NEED IT!**