

What is Intensive Out-Patient?

Intensive Treatment Systems (ITS) provides Intensive Outpatient Programs (IOP) for substance use disorder and mental health for adults. The program is designed to individualize treatment services to meet the specific needs of each patient and his or her family. All treatment programs use Cognitive Behavioral Therapy (CBT), Motivational Enhancement Therapy (MET), and Multi-Dimensional Family Therapy (MDFT).

Who are we?

Intensive Treatment Systems (ITS) primary objective is to assist patients to free themselves from substance use issues, with medication management, counseling and integrated care services. Ultimately through the use of supportive services, it is our goal to guide patients toward a life free of drugs and alcohol with improved personal and vocational functioning.

How we do it?

ITS offers an innovative approach to Medication Assisted Treatment (MAT), for Opioid Use Disorder and/or Alcohol Use Disorder. By providing fully integrated care options – 24 hours a day; individualized to treat any drug and/or alcohol addiction, it allows us to work alongside our patients to maximize their chances for success.

WE CAN PROVIDE SAME DAY TRANSPORTATION

**Walk In's and Same Day
Appointments Are Available!**



HOURS OF OPERATION

ACCESS POINT – WEST (COE)
Includes Buckeye Outreach
OPEN 24 HOURS A DAY
7 DAYS A WEEK

CENTRAL CLINIC
Monday – Saturday
4:00 am – 12:00 noon

NORTH CLINIC
Monday – Saturday
4:00 am – 8:00 pm

**THUNDERBIRD, MESA &
SAN TAN CLINICS**
Monday – Saturday
5:00 am – 1:00 pm

**ONE PHONE NUMBER
FOR ALL CLINICS**
1-855-245-6350

LOCATIONS

ACCESS POINT – WEST (COE)
4136 N 75th Ave., #116,
Phoenix, AZ 85033

CENTRAL – 651 W Coolidge St.,
Phoenix, AZ 85013

MESA – 340 W University Dr.,
#19, Mesa, AZ 85201

NORTH – 19401 N Cave Creek Rd.,
#18, Phoenix, AZ 85024

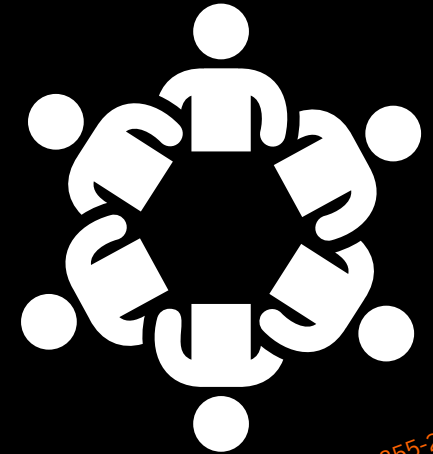
SAN TAN – 36375 N Gantzel Rd.,
#101, San Tan Valley AZ 85140

THUNDERBIRD – 13820 N. 51st. Ave.,
#300, Glendale, AZ 85306



INTENSIVE OUT-PATIENT GROUPS

We care enough to make a difference!



www.itsofaz.com INTAKES@itsofaz.com 1-855-245-6350
#SAVINGLIVES

Why Enter Treatment?

- A life free of illicit drugs
- A stable personal, social, family, and financial life
- No physical withdrawal symptoms
- Decreased or eliminated drug cravings
- Resolution of legal concerns
- A chance to obtain or complete an education
- Improved self-esteem, self-worth and independence
- Improved health and a reduced risk of health problems (e.g. HIV, Hepatitis, Liver Disease, etc.)
- Improved overall quality of life
- A chance to regain respect, trust, and relationships with your spouse, children, family members, friends and community
- Other benefits.....



Intensive Out-Patient Treatment (IOP)

At Intensive Treatment Systems, IOP is an open group; meaning clients can join the group at any time during their recovery journey. IOP group sessions are made up of 2, 5, 7 or 10 people. Our IOP's are led by skilled facilitators who engage participants to set and reach their individual treatment goals.

Group dynamics are used to deliver positive life skills messages, help members build an enduring relapse prevention network, develop healthy communication skills, learn new life skills, and "bring balance to the often chaotic lives found in addiction." Intensive Treatment Systems IOP follows evidenced based practice of group sessions being 9 hours per week for 12 weeks. IOP is designed to help each member gain new insights to help live life in balance.

Goals of Intensive Out-Patient Program

- Understanding disease of addiction
- Increase time in sobriety
- Learn skills to improve relationships with community support, family, and social supports
- Recognize stages of change
- Build a relapse prevention plan

Treatment really does work! Some of our patients shared their personal stories; they tell you better than we can the facts about addiction, the misery this created, how the treatment ITS provided changed their lives and the impact this has had not only on them but their families, friends and communities! Go to:
www.itsofaz.com click on Patient Stories.



What You Can Expect

- To be treated with dignity and respect
- To have access to competent and experienced facilitators
- To experience an open and nonjudgmental atmosphere of helping
- A place for support in recovery
- Peer Support Specialist assistance in meeting recovery goals

Next Steps?

That's the easy part! We are an outpatient provider available 24 hours a day 7 days a week. There is no 'bad time' to call!

You can choose to pre-book an appointment or just walk into one of our clinics.

Our knowledgeable providers will be able to determine the most appropriate treatment for you.

**HELP REALLY IS AVAILABLE
WHEN YOU NEED IT!**