

## POST-OPERATIVE INSTRUCTIONS: ENDODONTIC (ROOT CANAL) TREATMENT

- Endodontic treatment (RCT) can take 1, 2 or even 3 appointments depending on each individual case! It is **normal** to experience any of the following symptoms after any one of these appointments: *sensitivity to hot and/or cold; sensitivity to pressure; chewing and possible swelling.*
- It is difficult to predict which symptoms, if any, you may experience and to what extent. In some cases, medication may be prescribed. Should you have medications prescribed for you, follow the instructions on the medication label.
- If you experience swelling, call our office.
- A temporary filling material may be used to seal the tooth between visits. In the event the treatment exceeds more than one appointment, be gentle at the RCT site until the treatment is completed and the definitive restoration is placed.
- During endodontic treatment (RCT), the nerve, blood supply and nutrient supply to the tooth is removed. This will cause the tooth to become more brittle and prone to fracture. Therefore, a full coverage crown will need to be placed that surrounds the entire tooth to add strength and prevent fractures.

Call our office if any *unusual* symptoms occur.

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