



Periogard/Chlorhexidine Rinse
(Chlorhexidine Gluconate .12%)

- Use twice daily.
- One half cup full 30 minutes after you brush and floss. The fluoride in your toothpaste will decrease the effectiveness of the rinse if you use it directly after brushing.
- Swish for 3-5 minutes and then spit out.
- **Do not** eat or drink anything, including rinsing with water, for 30 minutes after using the rinse.
- Some staining may occur, more pronounced in patients with heavier plaque accumulation. This stain will be removed at the periodontal re-evaluation appointment.
- For more information on Periogard, peel the label on the bottle.