M.E. Medical P.C.

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| **EGD (ESOPHAGOGASTRODUODENOSCOPY)**  Examination of the food pipe, stomach, and small intestine  **Date:                                           Time:**  Please arrive 15 minutes before your scheduled time as there is a lot of paperwork to fill out and you must get into a gown and have an IV line placed. Please report to: **305 7th Ave New York, NY 10001 10th floor**  **8 DAYS BEFORE** If you are taking Ozempic, Wegovy, Mounjaro, Zepbound, Trulicity, Bydureon, Tanzeum, please hold for 8 days prior to procedure. If you are taking Victoza, Lyxumia, Rybelsus, and Byetta, please hold for 2 days prior to procedure.  **ONE WEEK BEFORE**: Do not take any Aleve, Advil, Motrin, Relafen, Orudis or any other pain medication that may thin your blood. If you should develop joint aches or a headache, you can take Tylenol. Celebrex can be continued. **If you are taking aspirin, Coumadin, Warfarin, Plavix, Lovenox Pradaxa or Heparin, Xarelto, Eliquist or other blood thinners or anti-platelet agents, consult your primary doctor or gastroenterologist before stopping them.**  **ON THE DAY OF THE EGD**: **Do not have food or drink 8 hours before the scheduled test time.**  **PatientCoordinator@MEmedicalgastro.com**  **If you take you take blood pressure pills in the morning, you should continue to do so, the morning of the test with a small sip of water at least 3 hours before procedure.** If you take insulin, take only half the usual dose on the day of the procedure. If you should feel weak or dizzy, check your blood sugar level. If it is low, drink some juice that contains sugar but is not red or orange in color. If you take oral medication for diabetes, do not take them until after the EGD.  **IMPORTANT**: YOU MUST HAVE RESPONSIBLE ADULT PICK YOU UP AFTERWARD, EVEN IF YOU LIVE IN THE NEIGHBORHOOD. IDEALLY THIS PERSON SHOULD BE THERE 45 MINUTES AFTER YOUR SCHEDULED APPOINTMENT. AFTER THE TEST YOU SHOULD NOT DRIVE, GO TO THE GYM OR DO ANY ACTIVITY WHERE GOOD JUDGEMENT OR FINE MOTOR COORDINATION ARE REQUIRED.   IF YOU CANNOT MAKE YOUR APPOINTMENT PLEASE CALL 212-529-3788. PLEASE DO NOT BRING EXPENSIVE JEWELRY, FURS OR ANY VALUABLES. PLEASE DO NOT WEAR NAIL POLISH, FAKE NAILS, LARGE HOOPED EARRINGS AND TONGUE PIERCINGS ON THE DAY OF PROCEDURE.  **All procedures must be cancelled 48 HOURS PRIOR or you will be CHARGED $200 CANCELLATION FEE. Send cancellation email to Patientcoordinator@Memedicalgastro.com**  **I UNDERSTAND AND AGREE TO THE ABOVE INSTRUCTIONS.**  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_                                                          **PATIENT SIGNATURE                                                                                                     Date** |
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