



## POST OP INSTRUCTIONS

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

### WOUND CARE:

- Keep dressing clean and dry for 3-5 days. You may then remove the bandage. Check to make sure the incisions are dry without weeping or drainage. If so, you may then get the wounds wet (do not soak).
- Pat incisions dry and cover with a bandage.
- Do not change bandage until instructed to do so.
- Take Motrin / Ibuprofen, 600-800mg, 3 times a day with food unless you have a history of an ulcer/GI Bleed/or upset stomach with Motrin, aspirin, or other NSAIDs.
- Take Tylenol / Acetaminophen, 1000mg, 3 times a day

### ACTIVITY:

- You may use your hands right away assisting in light tasks and other normal day activities. However, you should avoid heavy manual labor until your sutures have been removed and have been seen for your follow-up appointment.
- Keep your operative finger(s) moving for the next several days, this will help avoid scar build-up and stiffness.
- Follow-up: Please call the office (direct line: 801-383-1029) and make an appointment for re-check and to have your sutures removed in:  7-10 days  10-14 days

IF YOU HAVE ANY QUESTIONS OR CONCERNS, CALL THE OFFICE: 801-295-7200.  
We are available 24/7.

Signed: \_\_\_\_\_  
Steven B. Huish, MD / Sarah Buckway, PA-C