



Maheeb Jaouni, DDS, MS
Tariq Alsmadi, BDS, DMD
Rajiv Patel, BDS, DDS
Pranali Patil, BDS, MSD

Endodontists

2840 Keller Springs Rd., Ste. 703 • Carrollton, TX 75006
214-483-3660 (Phone) • 214-483-3577 (Fax)

Oral Sedation Instructions

Oral sedation involves medications taken orally prior to your visit. This method will allow you to feel relaxed in the dental chair, while remaining conscious and able to answer our questions. Although your dental appointment will take over an hour, you will feel as if it lasts only minutes. Some patients become so relaxed that they fall asleep.

- Eat a good dinner and get a good night's sleep.
- Do not consume any alcohol on the days you will be taking the sedation medications.
- Take 2 tablets of Diazepam before you go to bed the night before your appointment.
- You may not have anything to eat for 4 hours prior to the appointment.
- Take 2 tablets of Triazolam one hour before your appointment.
- A responsible adult must accompany the patient to the office, remain in the office during the procedure, and drive the patient home.
- The patient should not drive a vehicle or operate any machinery for 24 hours following sedation.
- Please wear comfortable clothes and low-heeled shoes to your appointment.
- If you have an illness such as a cold, sore throat, stomach or bowel upset, please notify the office.

If you take routine medications, please continue your regular dosage unless otherwise instructed by the doctor. It is ok to have a small glass of juice with your medications.

After your appointment, you will be groggy. Take it easy for the rest of the day. No heavy activity or exercise for 24 hours following your appointment.