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Allergy Shot Policy for Minors

Under age 16

- A parent/legal guardian must be present for allergy injections
- OR the patient must be accompanied by an authorized adult with written consent on file
- Patients under 16 may not come alone

Ages 16–17

- Patients may come alone ONLY if we have a signed “Consent to Treat Without Parent/Guardian Present” on file
- Parents/guardians must remain reachable during the visit
- If there are any concerns (recent reactions, clinical instability, etc.), staff should escalate to the provider

Important Safety Notes

Allergy shots are not routine care — there is always a risk of systemic reaction requiring immediate treatment

Because of this:

- We must always have valid written consent on file
- We must ensure the parent/guardian can be contacted if needed
- Staff should always use clinical judgment and escalate if anything feels unsafe

Clarifications

- Patients under 16 cannot come alone — even with consent
- A sibling under 18 does not qualify as an authorized adult
- Being “on the phone” with a parent does not replace written consent

Bottom line

- <16 → must have adult present
- 16–17 → may come alone with signed consent on file