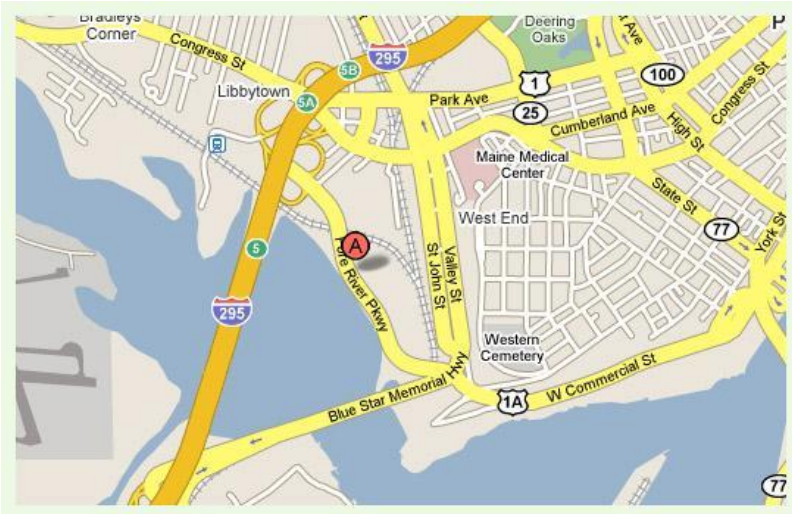


## Directions to our Portland office: 195 Fore River Pkwy STE 410.



**From the South:** Take I-295 northbound to Exit #4. Cross the Veteran's Bridge. At the traffic light you should be in the left hand lane and turn left onto the Fore River Parkway. Go through the next traffic light. Turn into the Mercy parking lot. The main entrance and patient drop-off are ahead on your right. Follow signs for patient parking. We are in the building to the left of the hospital on the fourth floor.

**From the North:** Take I-295 southbound to Exit #5A. At the end of the ramp you should be in the left hand lane. Take a left at the traffic light and remain in the left hand lane, continue straight onto the Fore River Parkway. Turn into the Mercy parking lot. The main entrance and patient drop-off are ahead on your left. Follow signs for patient parking. We are in the building to the left of the hospital on the fourth floor.

**From the Casco Bay Bridge:** From South Portland go through the light at the State Street intersection and stay in the right lane, turning right onto Park Street. Take another right at the stop sign onto Commercial Street. Head west on Commercial Street to the Veteran's Bridge intersection. Proceed straight through the light over the bridge onto the Fore River Parkway. Go through the next traffic light. Turn into the Mercy parking lot. The main entrance and patient drop-off are ahead on your right. Follow signs for patient parking. We are in the building to the left of the hospital on the fourth floor.

**From the West (Congress St. and Route 22):** Heading east on Congress Street/Route #22, take a right at the traffic light Norway Saving Bank, following the signs for South/I-295/Route 1/South Portland. At the next traffic light you should be in the left hand lane and continue straight onto the Fore River Parkway. Turn into the Mercy parking lot. The main entrance and patient drop-off are ahead on your left. Follow signs for patient parking. We are in the building to the left of the hospital on the fourth floor.

**\*\*\*There is a \$75.00 fee to reschedule an appointment if less than 24 hours notice is given for cancellations, reschedules, or no show appointments.**